



Gold in Education and Elite Sport

Gold in Education and Elite Sport

Ingrid van Gelder

Programme manager NOC*NSF

Elite Sports Infrastructure & Dual Career

December 12th 2016



Team NL:

**Nicolette Schipper-van Veldhoven (University of Applied
Sciences Windesheim / NOC*NSF)**

Anne Spitse (University of Applied Sciences Windesheim)

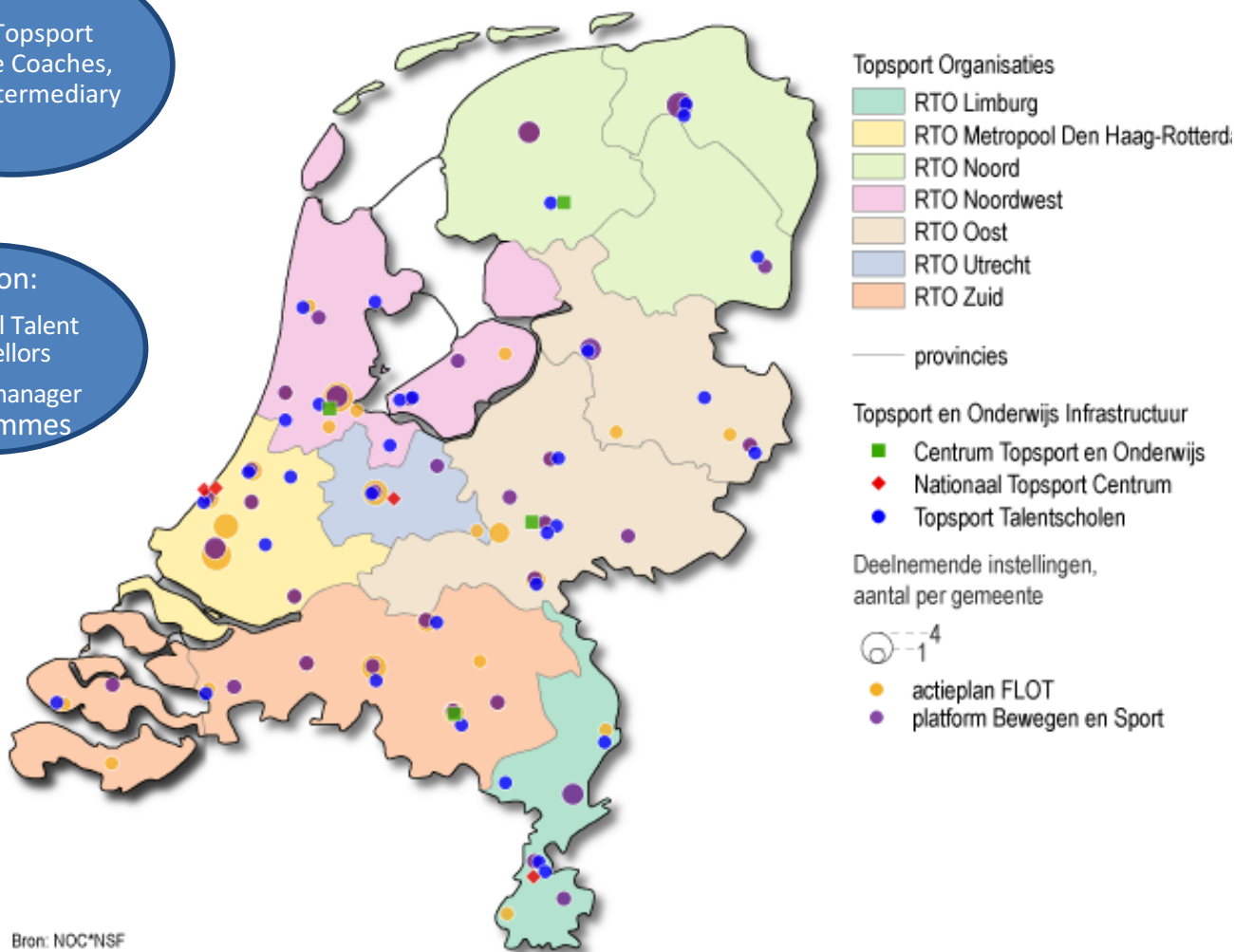


Co-funded by the
Erasmus+ Programme
of the European Union



Dual Career in The Netherlands

Holistic approach-athlete centered- transitions- structure-dcsp



Bron: NOC*NSF

Co-funded by the
Erasmus+ Programme
of the European Union

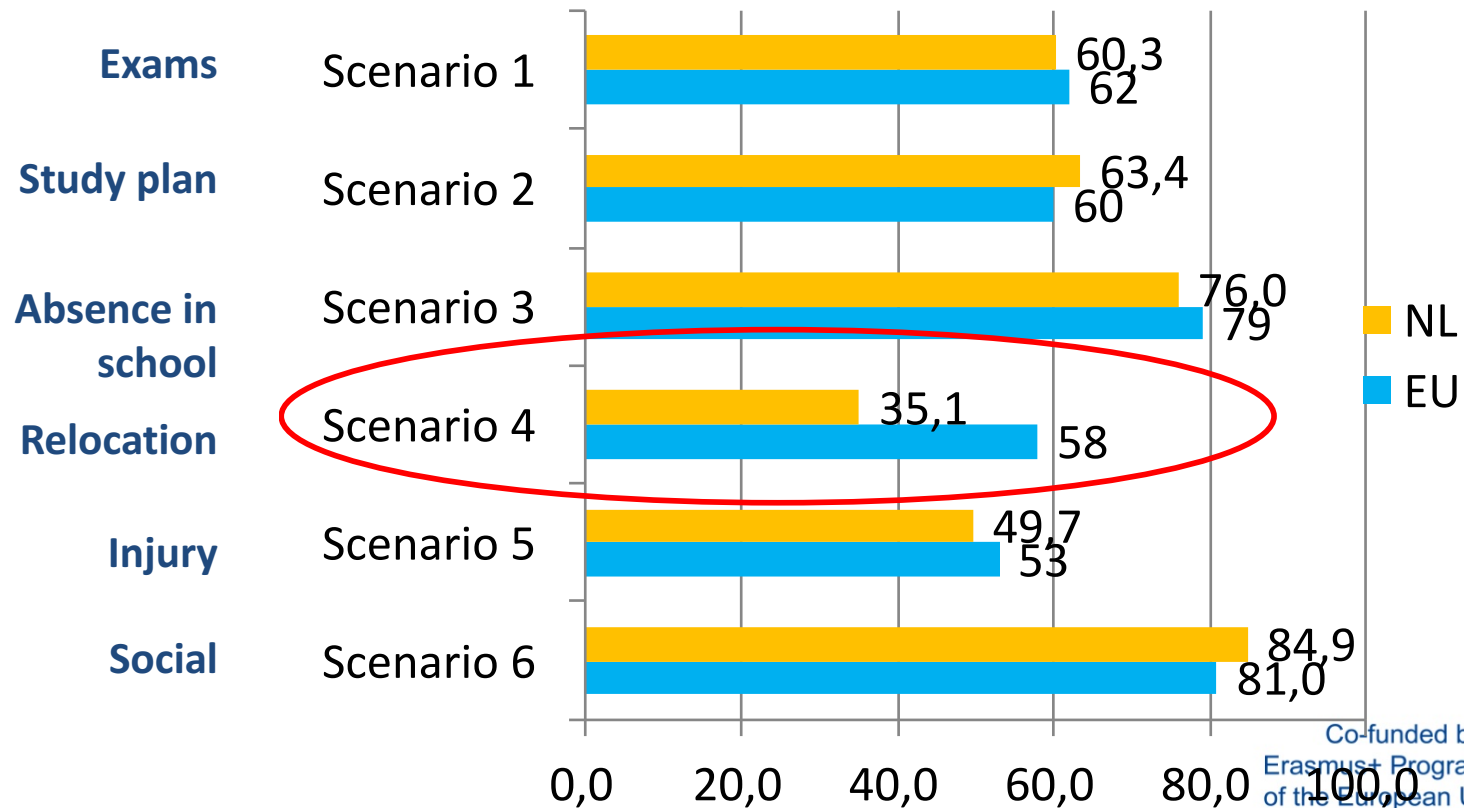


Lessons Learned

Results WP1: DCA's

N = 350

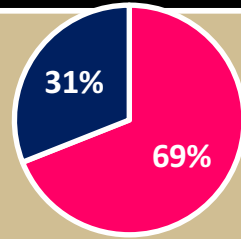
| | | IMP | POSS | DIFF |
|---|--|------|------|------|
| 1 | assertiveness (being self-assured and acting with confidence) | 4,43 | 3,44 | 0,99 |
| 2 | ability to cope with stress in sport and study | 4,55 | 3,57 | 0,98 |
| 3 | ability to use your time efficiently | 4,49 | 3,55 | 0,95 |
| 4 | ability to negotiate (in order to stand up for your own interests) | 4,33 | 3,40 | 0,94 |
| 5 | understanding the importance of rest and recuperation | 4,71 | 3,78 | 0,93 |



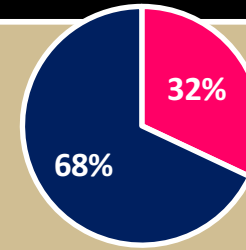
DCSP: Sport

DCSP: Education

Gender

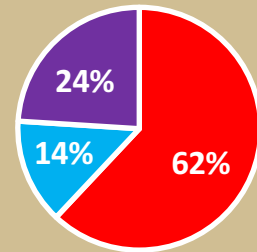


Female Male

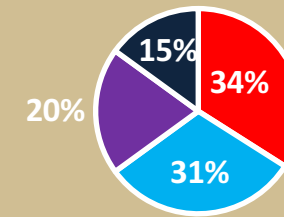


Female Male

Employer

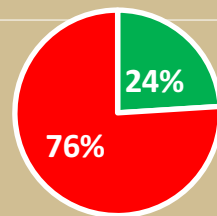


Regional committee/regional organisation
Sports Federation
Performance centre / Elite sport school

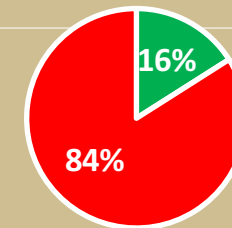


Secondary education school
Vocational education (MBO)
Graduate school/university college
University

Training in DC



Yes No



Yes No



DIFFERENCES

Sport

| | IMP | POSS | DIFF |
|--|--------|--------|--------|
| 1. Ability to make dual career athletes self-aware of their dual career competences | 4,3571 | 3,6429 | 0,7143 |
| 2. Ability to prepare dual career athletes for the challenges of specific transitions | 4,1786 | 3,5000 | 0,6786 |
| 3. Knowledge of the educational system(s) | 4,4286 | 3,8214 | 0,6071 |
| 4. Ability to stimulate autonomy in dual career athletes | 4,4286 | 3,8214 | 0,6071 |
| 5. Ability to enhance dual career athlete's competences concerning organization and planning of the dual career athlete's life | 4,3929 | 3,8214 | 0,5714 |

| | | | |
|---|--------|--------|---------|
| 31. Ability to implement theoretical frameworks and research findings into practice | 3,5714 | 3,5000 | 0,0714 |
| 32. Ability to make dual career athletes aware of the importance of rest and recuperation | 4,0000 | 3,9286 | 0,0714 |
| 33. Ability to support dual career athletes emotionally in the face of setbacks | 4,0000 | 4,0000 | 0,0000 |
| 34. Ability to act in congruence with the mission of the organization | 3,8571 | 3,9643 | -0,1071 |
| 35. Ability to complete administrative tasks (e.g. mails, data processing, file maintenance...) | 3,8214 | 4,2857 | -0,4643 |

Education

| | IMP | POSS | DIFF |
|--|--------|--------|--------|
| 1. Ability to stimulate autonomy in dual career athletes | 4,3214 | 3,6786 | 0,6429 |
| 2. Ability to make dual career athletes self-aware of their dual career competences | 4,3571 | 3,7500 | 0,6071 |
| 3. Ability to enhance dual career athlete's competences concerning organization and planning of the dual career athlete's life | 4,3636 | 3,7857 | 0,5779 |
| 4. Being observant of a dual career athlete's mental health status | 4,1964 | 3,6607 | 0,5357 |
| 5. Ability to prepare dual career athletes for the challenges of specific transitions | 3,8571 | 3,3571 | 0,5000 |

| | | | |
|--|--------|--------|---------|
| 31. Ability to implement theoretical frameworks and research findings into practice | 3,5614 | 3,5789 | -0,0175 |
| 32. Ability to maintain own well-being and energy level necessary for work with dual career athletes | 3,8750 | 3,8929 | -0,0179 |
| 33. Ability to complete administrative tasks (e.g. mails, data processing, file maintenance...) | 4,0000 | 4,0526 | -0,0526 |
| 34. Ability to act in congruence with the mission of the organization | 3,8772 | 3,9649 | -0,0877 |
| 35. Ability to conduct in-depth interviews for analyzing the different steps of his/her life path | 3,6545 | 3,7636 | -0,1091 |

Actions taken 2016

2016:

- Dual Career focus in Sports agenda 2017+
- Dedicated Dual Career project manager
- Exchange information – working groups + platforms
- Connect different educational levels



Next steps 2017

Goal: empowerment & guidance



2017+

- Dual Career Statement National policy level
- National GEES Platform 2017 DCSP
- Define profiles + roles evidence based
- Practical tools empowerment – evidence based (short term)
- Educate DCSP + team around athletes (long term)
- Cultural shift: total athlete integrated program – no separate pillars



Contactinformation

Ingrid van Gelder (NOC*NSF)

ingrid.vangelder@nocnsf.nl

Nicolette Schipper-van Veldhoven (University of Applied Sciences Windesheim / NOC*NSF)

nicolette.vanveldhoven@nocnsf.nl

Anne Spitse (University of Applied Sciences Windesheim)

a.spitse@windesheim.nl



Co-funded by the
Erasmus+ Programme
of the European Union

