



Gold in Education and Elite Sport

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Lessons learned and actions taken by France

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INSEP

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INSEP
Terre de Champions

French situation before participation

Dual career integral part of laws on sport

2006



1975 Law Mazeaud

1984 Law Avice

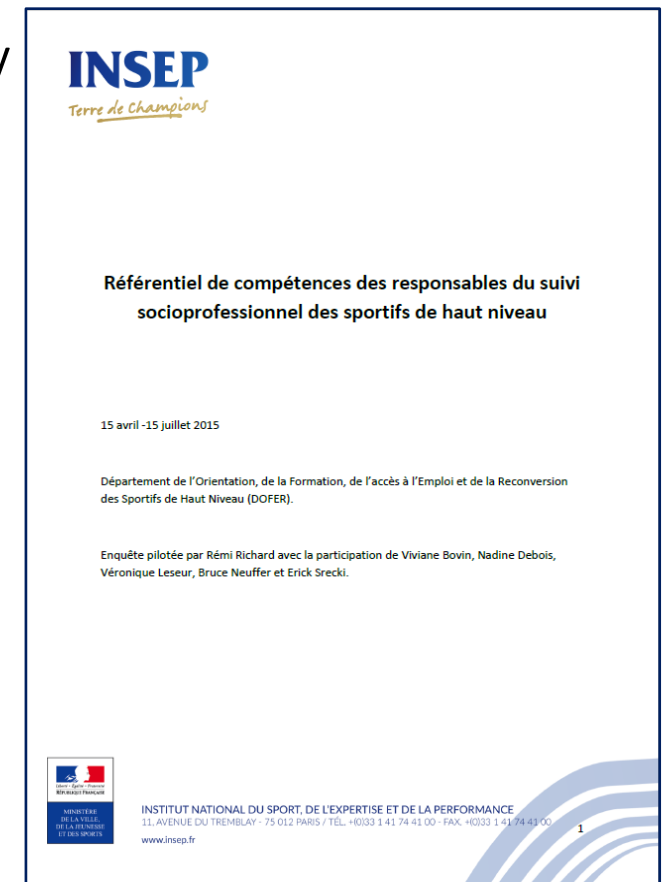
1995 Instruction on elite sport centers
2009 Instruction on elite sport pathway

- I. Institutional arrangements
- II. Theoretical framework
- III. Tools

2008



2014



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French participants

584
DC athletes
(90% international)

51
DC support providers

Antilles
Guyanne



Antilles
Guyanne



Lessons learned and actions

Transferable competences
(Motivational & organisational
level)



**Developing transferable
competences early in the
sport career (DCAs)
Including transferable
competences in training
programs (DCSPs)**

Different levels of perceived
possession of competences
depending on athletes gender



Differences in experienced
scenarios depending on athletes
education level and sport level



**Emphasizing on
individualisation in initial
training courses for DCSPs**

“Ability to treat each dual career
athlete in an individualized
manner”
Most important competence for
DCSPs



Lessons learned and actions

DCAs' most important competences
=
Motivational+ affective
+ organisational levels

Perceived support
=
Organisational ++
Affective --

Highest gaps between importance and possession (DCA)
=
Affective level

DCA's most important competences (perception of DCSPs)
=
Mostly organisational level

Intervention methods focused on
++ planification/ organisation
-- emotional & lifestyle skills

Highest gaps between importance and possession (DCSPs)
=
Adressing the affective and lifestyle skills levels with athletes

**Enhancing DCSPs awareness of the need to develop not only organisational but also affective competences on DCAs
+
Additional training on Psychology and Coaching**



What actions have been taken ?

- Dissemination of French results (e.g., Debois & Leseur, 2016; Debois, Perrus, & Leseur, in preparation)
- Training program for DCSPs (started in January 2016)
- Thematic workshops for DC athletes (DC transferable competences to be added)
- Collaboration with sport psychologists (already initiated for athletes in sport career transition)
- Video conferences between DCSPs from all over the country to share experiences and to study practical cases





Thanks for your attention

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with the participation of I. Stutz, L. Agard, & C. Dufour (Master students)

